

Usually wear sizes 12-18? Compare your body measurements to both the 00 -18 size range and 12 -30 size range body measurements, then choose the best fit for your figure.

Metric

Sizes 00-18

	00	0	2	4	6	8	10	12	14	16	18
BODY MEASUREMENTS (CENTIMETERS)											
SHOULDER	35	35 ⁵ / ₉	36 ¹ / ₅	36 ⁵ / ₆	37 ¹ / ₂	38 ¹ / ₉	39 ³ / ₈	40 ² / ₃	42	43 ¹ / ₆	44 ⁴ / ₉
BUST	81	84	86	89	91	94	98	102	107	112	117
WAIST	61	64	66	69	71	74	77	81	86	91	96.5
HIP	86	89	91	94	97	99	103	107	112	117	122
MAIN FABRIC REQUIRED (METERS)*											
114 CM	3.4	3.4	3.4	3.4	3.4	3.4	3.4	3.7	3.7	3.7	3.7
140 CM	2.7	2.7	2.7	2.7	2.7	2.7	2.7	3.3	3.3	3.3	3.3
FINISHED GARMENT (CENTIMETERS)											
SHOULDER**	38.3	38.9	39.6	40.3	40.9	41.6	42.5	43.5	44.8	46	47.3
BUST**	89.2	91.6	94.1	96.6	99.1	101.6	105.4	109.2	114.3	119.3	124.3
WAIST**	63.5	66	68.5	71.1	73.6	76.2	80	83.9	88.9	94	99.1
HIP**	100.6	103	105.5	108	110.5	113	116.8	120.6	125.6	130.7	135.7
BICEP**	35.9	37.1	38.4	39.7	41	42.2	43.8	45.4	46.9	48.5	50.1
CB LENGTH**	103.4	104.8	106.2	107.7	109.1	110.5	111.8	113	114.3	115.6	116.8

* Pattern layouts are nondirectional. Purchase additional yardage if using napped or printed fabrics.

** Shoulder is measured across the back between shoulder points. Bust is measured at the dart. Waist is measured at the seam. Hip is measured at the notches. Bicep is measured 2.5 cm below the armhole. Center back (CB) length is measured from the back of the neckline to the hem.

Usually wear sizes 12-18? Compare your body measurements to both the 00 -18 size range and 12 -30 size range body measurements, then choose the best fit for your figure.

Metric

Sizes 12-30

	12	14	16	18	20	22	24	26	28	30
BODY MEASUREMENTS (CENTIMETERS)										
SHOULDER	40.6	41.9	43.2	44.5	45.7	46.0	48.3	49.5	49.5	49.5
BUST	102	107	112	117	122	127	132	137	144.5	152
WAIST	84	89	94	99	104	109	114	119	126.5	134
HIP	112	117	122	127	132	137	142	147	154.5	162
MAIN FABRIC REQUIRED (METERS)*										
114 CM	3.7	3.7	3.7	3.7	5.6	5.6	5.6	5.6	5.6	5.6
140 CM	3.3	3.3	3.3	3.3	3.7	3.7	3.7	3.7	3.7	3.7
FINISHED GARMENT (CENTIMETERS)										
SHOULDER**	38.1	38.7	39.4	40.1	40.7	42.0	43.3	44.5	44.5	44.5
BUST**	109.2	114.3	119.3	124.4	129.5	134.6	139.7	144.8	152.4	160.0
WAIST**	86.5	91.5	96.5	101.6	106.6	111.7	116.7	121.8	129.4	137.0
HIP**	130.4	135.4	140.4	145.4	150.4	155.3	160.3	165.3	173.0	180.8
BICEP**	49.5	50.8	52.1	53.3	54.6	56.2	57.8	59.3	63.1	66.9
CB LENGTH**	108.0	109.2	110.5	111.8	113.0	114.3	115.6	116.8	117.5	118.1

* Pattern layouts are nondirectional. Purchase additional yardage if using napped or printed fabrics.

** Shoulder is measured across the back between shoulder points. Bust is measured at the dart. Waist is measured at the seam. Hip is measured at the notches. Bicep is measured 2.5 cm below the armhole. Center back (CB) length is measured from the back of the neckline to the hem.